

**'Blue Room' by Beverley Hutton**  
**Reviewed by Jayne Hounsome**

This book is amazing, honest and very vulnerable. It is one of the best books I have read in a long time, I encourage all to read it.

This is Beverley's very honest account of her time growing up in a dysfunctional family who were very involved in the occult. She progresses to show the effects the occult has on one's life and the consequences it played in her own life.

As a teenager Beverley became anorexic and found herself caught up within the Mental Health department and shares a very honest account of her time in the hospital and the extremes she went to as she battled with this illness.

She finishes her book with the miracle God has done in her life by restoring her to full health and the work God has next for herself and her family.